

Masters' Sacred Number of Magical Herbs and Angels

| <i>Common Name</i> | <i>Scientific Name</i> | <i>Sacred Number</i> | <i>I Ching Hexagram</i> |
|--------------------|------------------------------|----------------------|-------------------------|
| All-Heal | <i>Prunella vulgaris L.</i> | 194 | 2 |
| Allspice | <i>Pimenta dioica</i> | 30 | 30 |
| Aloe vera | <i>Aloe vera</i> | 70 | 6 |
| American Ginseng | <i>Panax quinquefolius</i> | 184 | 56 |
| Angelica | <i>Angelica archangelica</i> | 21 | 21 |
| Anise | <i>Pimpinella anisum</i> | 109 | 45 |
| Apple | <i>Malus domestica</i> | 27 | 27 |
| Arrowroot | <i>Maranta arundinacea,</i> | 72 | 8 |
| Arnica | <i>Arnica montana</i> | 119 | 55 |
| Asafoetida | <i>Ferula assa-foetida</i> | 78 | 14 |
| Ashwagandha | <i>Withania somnifera)</i> | 182 | 54 |
| Basil | <i>Ocimum basilicum</i> | 80 | 16 |

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|--------------------|--|----------------------|-------------------------|
| Bay leaf | <i>Laurus nobilis</i> | 120 | 56 |
| Bergamot | <i>Monarda species</i> | 61 | 61 |
| Bilberry | <i>Vaccinium myrtillus</i> | 64 | 64 |
| Black cohosh | <i>Cimicifuga racemosa</i> | 182 | 54 |
| Black cumin | <i>Nigella sativa</i> | 78 | 14 |
| Black mustard | <i>Brassica nigra</i> | 163 | 35 |
| Black pepper | <i>Piper nigrum</i> | 46 | 46 |
| Black walnut | <i>Juglans nigra</i> | 15 | 15 |
| Blessed Thistle | <i>Withania somnifera</i> | 76 | 12 |
| Borage | <i>Borago officinalis</i> | 181 | 53 |
| Brown mustard | <i>Brassica juncea</i> | 39 | 39 |
| Burdock Root | <i>Arctium lappa</i> | 134 | 6 |
| Burnet | <i>Sanguisorba minor and S. officinalis)</i> | 174 | 46 |
| Cacao | <i>Theobroma cacao L.</i> | 18 | 18 |
| Calendula | <i>Calendula officinalis</i> | 102 | 38 |

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|----------------------|--|----------------------|-------------------------|
| Caraway | <i>Carum carvi</i> | 129 | 1 |
| Cardamom | <i>Elettaria cardamomum</i> | 74 | 10 |
| Carob | <i>Ceratonia siliqua</i> | 1 | 1 |
| Cassia | <i>Cinnamomum cassia</i>) | 19 | 19 |
| Castor oil, | <i>Ricinus communis</i> | 164 | 36 |
| Catnip | <i>Nepeta cataria</i> | 7 | 7 |
| Cayenne pepper | <i>Capsicum annuum</i> | 42 | 42 |
| Celery seed | <i>Apium graveolens, variety dulce</i> | 163 | 35 |
| Chamomile, Roman | <i>Anthemis nobilis</i> | 26 | 26 |
| Chamomile, German | <i>Matricaria recutita</i> | 86 | 22 |
| Chervil | <i>Anthriscus cerefolium</i> | 40 | 40 |
| Chicory | <i>Cichorium intybus</i> | 18 | 18 |
| Chili pepper | <i>Capsicum species</i> | 112 | 48 |
| Chives | <i>Allium schoenoprasum</i> | 137 | 9 |
| Cicely | <i>Myrrhis odorata</i> | 60 | 60 |

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| Cilantro | <i>Coriandrum sativum</i> | 96 | 32 |
| Cinnamon | <i>Cinnamomum verum</i> | 153 | 25 |
| Cinquefoil | <i>Potentilla reptans</i> | 54 | 54 |
| Clove | <i>Syzygium aromaticum</i> | 87 | 23 |
| Coconut oil | <i>Cocos nucifera</i> | 52 | 52 |
| Coffee | <i>Coffea arabica</i> | 27 | 27 |
| Columbine | <i>Aquilegia vulgaris</i> | 41 | 41 |
| Comfrey | <i>Symphytum officinale</i> | 62 | 62 |
| Coriander | <i>Coriandrum sativum</i> | 74 | 10 |
| Costmary | <i>Tanacetum balsamita</i> | 179 | 51 |
| Cranberry | <i>Vaccinium macrocarpon</i> | 21 | 21 |
| Cumin | <i>Cuminum cyminum</i> | 178 | 50 |
| Curry | <i>Helichrysum italicum</i> | 174 | 46 |
| Dandelion | <i>Taraxacum officinale</i> | 55 | 55 |
| Dill | <i>Anethum graveolens</i> | 20 | 20 |

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| Echinacea | <i>Echinacea angustifolia</i> | 141 | 13 |
| Elderberry | <i>Sambucus nigra</i> & <i>S. ebulus</i> | 99 | 35 |
| Eucalyptus | <i>Eucalyptus globulus</i> | 55 | 55 |
| Fennel | <i>Foeniculum vulgare</i> | 91 | 27 |
| Fenugreek | <i>Trigonella foenum-graecum</i>) | 31 | 31 |
| <i>Feverfew</i> | <i>Chrysanthemum parthenium</i> | 135 | 7 |
| <i>Filé</i> | <i>Sassafras albidum</i> | 90 | 26 |
| Foxglove | <i>Digitalis purpurea</i> | 17 | 17 |
| Garlic | <i>Allium sativum</i> | 59 | 59 |
| Ginger | <i>Zingiber officinale</i>) | 13 | 13 |
| Ginseng | <i>American, Panax quinquefolius</i> | 134 | 6 |
| Golden Rod | <i>Solidago virgaurea</i> | 27 | 27 |
| Grains of paradise | <i>Aframomum melegueta</i> | 22 | 22 |
| Hawthorn | <i>Crataegus monogyna</i> | 109 | 45 |
| Heather | <i>Calluna vulgaris</i> | 169 | 41 |

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| Hibiscus | <i>Hibiscus sabdariffa</i> | 139 | 11 |
| Holy basil | <i>Ocimum tenuiflorum</i> | 26 | 26 |
| Horehound | <i>Marrubium vulgare</i> | 20 | 20 |
| Horseradish | <i>A Armoracia rusticana</i> | 70 | 6 |
| Hyssop | <i>Hyssopus officinalis</i> | 17 | 17 |
| Jasmine | <i>Jasminum officinale</i> | 79 | 15 |
| Juniper Berries, | <i>Juniperus communis</i> | 12 | 12 |
| Lady's Mantle | <i>Ichemilla vulgaris</i> | 98 | 34 |
| Lavender | <i>Lavandula angustifolia</i> | 87 | 23 |
| Lemon balm | <i>Melissa officinalis</i> | 60 | 60 |
| Lemon grass | <i>Cymbopogon citratus</i> | 26 | 26 |
| Lemon verbena | <i>Aloysia citrodora</i> | 128 | 64 |
| Lemon | <i>Citrus limonum</i> | 179 | 51 |
| Licorice | <i>Glycyrrhiza glabra</i> | 57 | 57 |
| Lovage | <i>Levisticum officinale</i> | 8 | 8 |

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|--------------------|-------------------------------------|----------------------|-------------------------|
| Mace | <i>Myristica fragrans</i> | 61 | 61 |
| Marjoram | <i>Origanum majorana</i> | 120 | 56 |
| Mint | <i>Mentha piperita</i> | 185 | 57 |
| Mistletoe | <i>Viscum album</i> | 17 | 17 |
| Mugwort | <i>Artemisia vulgaris</i> | 47 | 47 |
| Mullein | <i>Verbascum thapsus</i> | 24 | 24 |
| Mustard | <i>Brassica nigra</i> | 34 | 34 |
| Nettle | <i>Urtica dioica</i> | 121 | 57 |
| Nutmeg | <i>Myristica fragrans</i> | 75 | 11 |
| Oak bark | <i>Quercus Rubur</i> | 65 | 1 |
| Oats | <i>Avena sativa L.</i> | 62 | 62 |
| Olive Oil | <i>Olea europea</i> | 36 | 36 |
| Orange | <i>Citrus sinensis, Citrus spp.</i> | 159 | 31 |
| Oregano | <i>Origanum vulgare</i> | 174 | 46 |
| Paprika | <i>Capsicum annuum</i> | 97 | 33 |

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| Parsley | <i>Petroselinum crispum</i> | 186 | 58 |
| Pennyroyal | <i>Mentha pulegium</i> | 78 | 14 |
| Peppermint | <i>Mentha piperita</i> | 133 | 5 |
| Pine | <i>Pinus sylvestris</i> | 6 | 6 |
| Poppy | <i>Papaver rhoeas</i> | 29 | 29 |
| Poppy seed | <i>Papaver somniferum</i> | 136 | 8 |
| Primrose – Primula | <i>Primula vulgaris</i> | 130 | 2 |
| Pumpkin | <i>Cucurbita pepo</i> | 18 | 18 |
| Rose | <i>Rosa spp</i> | 166 | 38 |
| Rosemary | <i>Salvia rosmarinus</i> | 129 | 1 |
| Rue | <i>Ruta graveolens</i> | 95 | 31 |
| Saffron | <i>Crocus sativus</i> | 2 | 2 |
| Sage | <i>Salvia officinalis</i> | 190 | 62 |
| Savory | <i>Satureja hortensis and S. montana</i> | 173 | 45 |
| Sesame | <i>Sesamum indicum</i> | 40 | 40 |

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| Skullcap, | <i>Scutellaria lateriflora</i> | 45 | 45 |
| Sorrel | <i>Rumex species</i> | 131 | 3 |
| Spanish Moss | <i>Tillandsia usneoides</i> | 9 | 9 |
| Spearmint | <i>Mentha spicata</i> | 171 | 43 |
| St. John's Wort, | <i>Hypericum perforatum</i> | 37 | 37 |
| Star anise | <i>Illicium verum</i> | 33 | 33 |
| Sunflower | <i>Helianthus annuus</i> | 48 | 48 |
| Tarragon | <i>Artemisia dracunculus</i> | 106 | 58 |
| Tea Tree oil | <i>Melaleuca alternifolia</i> | 7 | 7 |
| Tea | <i>Camellia sinensis</i> | 1 | 1 |
| Thyme | <i>Thymus vulgaris</i> | 56 | 56 |
| Turmeric | <i>Curcuma longa</i> | 159 | 31 |
| Valerian root | <i>Valeriana officinalis</i> | 44 | 44 |
| Vanilla | <i>Vanilla planifolia and V. tahitensis</i> | 36 | 36 |
| Vervain | <i>Verbena officinalis (L.) Wettst.</i> | 65 | 1 |

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| Wasabi | <i>Eutrema japonicum</i> | 11 | 11 |
| White mustard | <i>Sinapis alba</i> | 100 | 36 |
| White willow bark | <i>Salix Alba</i> | 188 | 60 |
| Wintergreen | <i>Pyrola minor</i> | 92 | 28 |
| Witch Hazel | <i>Hamamelis virginiana</i> | 129 | 65 |
| Woodruffe (Sweet) | <i>Galium odoratum</i> | 13 | 13 |
| Wormwood | <i>Artemisia absinthium</i> | 189 | 61 |
| Yarrow | <i>Achillea millefolium</i> | 176 | 48 |