



A COURSE IN THE

magic of crystal alchemy

Building "Bliss"; The Life-Village
of Your Dreams

BY HANK MASON

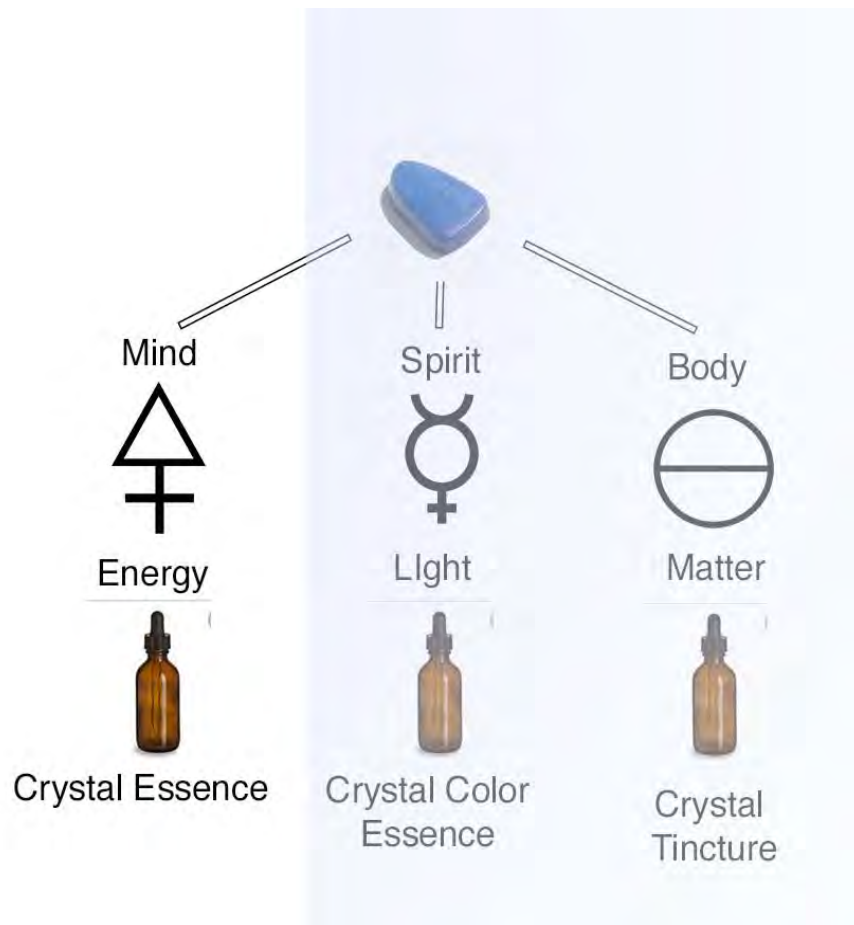


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LESSON 6 MAKING BASIC CRYSTAL ESSENCES

We have recently learned that the basics of all alchemy including Crystal Alchemy is the Tria Prima - the three primordial principles of creation and potential transformation that are inherent in all things. In Crystal Alchemy these are the crystal's Mind, Spirit, and Body. These three primal forces are what make up the First Matter, and their separation, rectification, and reunion are what constitutes alchemist magic.



In this lesson we will learn to separate the first primordial element of a crystal - its essential energy. For ease of discussion we will refer to these simply as “essences.” The mind or energy of the crystal under this definition is the crystal’s unique expression of the Life Force, its individuality, **true essential nature, its fundamental essence.**

To make an essence we need our intentions and attention, a suitable ritual, a prepared crystal, some water, and the power of the sun.



With a cleansed, awakened and aligned crystal we are about ready to make an essence.¹

An "essence" as we learned earlier in this course, is just that - the essential element of value of something. In this case, it is the vibratory essence of a crystal imprinted in water. A crystal essence is water that carries the essential, specific energy of a donor crystal; but let's be very precise.

A crystal essence is the unique vibratory energy pattern of a crystal imprinted into the auric and biophysical energy matrix of water.

THE ENERGY PATTERN

The energy patterns of the crystal are the results of its subtle alteration and focusing of the Universal Life Force. In the production of essences, water absorbs the crystal's energy pattern, potentializes it, and stores it.

¹ There are many guides to preparing crystals. We have written one that is provided with the paid version of this course. It is also available here: <https://www.crystalvaults.com/050001/>

The patterns are manifested upon the water's interaction with a life entity.

While the science of these transfers is yet to be fully understood until the science of quantum physics is matured, the efficacy of crystal essences and elixirs made from them has been accepted by cultures for thousands of years.

The ancient Chinese used essences and elixirs of jade, cinnabar, and hematite for longevity. The famous text "Tan Ching Yao Chueh" from about 600 AD discusses the creation of essences from mercury, sulfur, and precious stones. The oldest Indian texts speak of elixirs.

Vedic texts dating back as far as 3000 BC speak to their use. In ancient Greece and medieval Europe, powdered gemstones were used to treat a host of ailments. Even today, mineral salts, tinctures, and vitamin compounds assure modern man benefits from the Earth's bounty of healing energy found in the mineral kingdom.

Crystals have a structure called a lattice. It is an organization of molecules in a pattern. This pattern affects the way the crystal grows and contributes significantly to its unique abilities to absorb, focus and amplify the Universal Life Force.



These molecular level vibrations can essentially imprint patterns in the auric and bimolecular fields of water which then in turn can pass on those vibratory patterns to another auric or bimolecular field, like that of a person, animal, or plant.

The molecules of different chemicals within the crystal lattice also contribute to a crystal's ability to interact with the energies that enter the crystal. Some molecules will cause certain vibratory pathways to exist; other molecules will offer different pathways and harmonics. This is why different minerals with the same crystal lattice structure will provide different energies.



THE WATER

We now turn to our next component, water. Water is a magical substance. Our earth is mostly covered by water. We humans are mostly water. And to many, water is a living entity. It is the perfect conduit for the healing and maturing energies of crystals.

Water takes on the sight, smell, taste, feel, and mood of its environment. It can rage as the gusts of a hurricane lash it. It can glow in a sunset's aura. And it can serenely reflect the tranquility of an azure sky in the surface of a deep mountain lake. Water can be a conductor of emotions as in the tears of joy at a homecoming or an insulator driving everyone to isolate themselves in a shelter in a fast approaching storm. It can be a blanket of warm embrace in a spa, and a mirror reflecting a smiling child playing in a puddle. Water can be a friend when we are thirsty on a hot day, and an enemy in a flood. But

through it all, water is the elixir of life - a true miracle substance to be sure.

As it can absorb sights, smells, tastes, feelings, and emotions, so can water absorb the healing, cleansing, renewing, calming, invigorating, empowering energies of the Mineral Kingdom.

All crystals are composed of one or more minerals which are the source of the life force for the Plant and Animal Kingdoms. Water is a part of the natural environment and has a well-known affinity for minerals.

Both crystalline minerals and water are essential building blocks of our natural environment - our home - our Earth. So our second ingredient for crystal elixirs is water. But not just any water.

As we have learned, water can absorb the sights, emotions, an energy of its surroundings. We do not make cleansing, healing elixirs from polluted, angry, negative, unhealthy water. We do not want chemicals in the water. We do not want other people's anger in our elixirs. We do not want negativity in any

form, or from any source. We want purity - purity of origin, purity of handling, purity of intention, and purity of process.

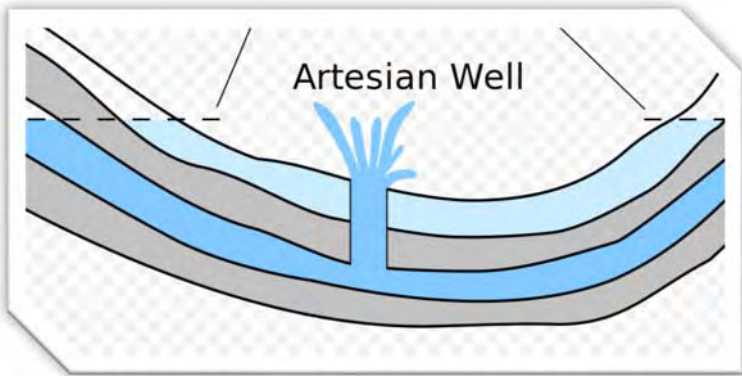
Now there are two schools of thought here that need to be addressed: Distilled Water and Natural Spring Water. The choice is an individual one. Both have advantages and disadvantages.

DISTILLED WATER:

Many texts and some practitioners recommend using distilled water.² The distillation process heats the water to steam, then collects it by condensation. The use of Fire Energy in the process adds severe stress to the water biophysical energy state which requires time to calm to the point of being able to receive and store the subtle energy patterns of many crystals. Our experiments show that at least one full moon cycle of exposure to moonlight is necessary in most instances. To use Distilled water, buy it well before you need it. Place it in the moonlight for a full month or more.



² Gurudas in *Gem Elixirs and Vibrational Healing* recommends distilled water.



NATURAL SPRING WATER:

We want natural spring water from deep within the earth - Mother Nature's true elixir. We

want it free of hydrocarbons found in plastic. We want it handled and processed by those with pure intentions and good hearts. We want only pure, natural water.

Again, the choice is a personal one. With either distilled or natural spring water to hand, we have our essential elements for producing crystal elixir. We have a cleansed, aligned, charged, and pure crystal, and we have pure water. We understand the importance and roles of belief, intention, mindfulness and ritual. We are ready to learn how to bring all this together to actually make a crystal essence.

