



A COURSE IN THE

# *magic of crystal alchemy*

Building "Bliss"; The Life-Village  
of Your Dreams

**BY HANK MASON**



# A COURSE IN THE MAGIC OF CRYSTAL ALCHEMY

*BUILDING "BLISS"; THE LIFE-VILLAGE OF YOUR DREAMS*

## LESSON 6 THE OUTER LABORATORY



The ancient alchemist had large elaborate laboratories that were centered on large furnaces. They were constantly using them to reduce and combine metals and plants using heat. They also had many dangerous chemicals like mercury, elaborate retorts, and

distillation equipment. They worked with difficult to understand methods and cyphers and they were very involved in complex astrological calculations.

Fortunately for us, Crystal Alchemy does not use the heat aspect of the Fire Element, it uses the vibrations of the light aspect of the Fire Element. It does not use any dangerous chemicals, and it



needs no elaborate, expensive equipment. It uses very clear instructions, and the simple astrology of the moon.

Instead of a complex laboratory, all Crystal Alchemy requires is a work table and a few easily obtained items such as a prism, a compass, a few dropper bottles, and such.

Here is a complete list with details and suggested sources (if you elect to not continue the course after the free first 8 lessons you will not need any of these items except a small jar to make the essence in Lesson 8).

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## DETAILED LIST OF ALL ITEMS NEEDED FOR THE COURSE OUTER LABORATORY

**A.** Specific items for each exercise. Items in **orange** are included in the optional "[Starter Kit](#)".

## CRYSTALS

Crystals (all are in the <u>Starter Kit</u> )	Exercise
Lapis Lazuli	6, 13
Blue Chalcedony	7, 10, 11
Fluorite	8
Blue Lace Agate	9
Chrysoprase	9
Turquoise	9
Pyrite	10
Sunstone	11
Citrine	11
Amethyst	12
Clear Quartz	12
Garnet	12, 16
Carnelian	13, 16
Green Aventurine	14
Emerald	14
Rose Quartz	16

## GLASS JARS

You will need stock essence, tincture, and elixir jars.

Specifically, you will need:

- **Three clear 2 oz (or so) jars**

Baby food jars work fine.

- **Sixteen 2-oz dark colored storage bottles**

This will work best if they are eye dropper bottles but any bottle with a tight-fitting lid will work. These are your essence stock bottles. Search the web for “2 oz Amber Boston Round Glass Bottle with Dropper” Specialty Bottle, Line, and others carry them.

- **Seven 1-oz dark colored dosage bottles**

For the dosage bottles for essences, tinctures and elixirs, you will need 1 oz dropper bottles. You will use these quite a bit, so buy them by the dozen. These need to be dark colored glass. For the course you will need 7 at least.



Search the web for 1 oz Boston Round Glass Bottle with Dropper.”

## SPRAY BOTTLE

- **One 2 oz spray bottle**

You can use a bigger one. Recycle one you have from something as a start. These are available on the web. Search for “2 oz Boston spray bottle”. Glass or plastic is fine.

## GLASS AROMATHERAPY BOTTLES

- **Three 10 ml Euro Dropper Aromatherapy Bottles**

These are small bottles usually with Euro dropper inserts. You will be using the aromatherapy mixtures by the drop. 10 ml size is the usual size. These are available on the web at about \$0.50 each. Find them by searching “10 ml euro dropper bottle”



## JAR AND BOTTLE LABELS

- **30 Jar Labels**

Essences, Tinctures and Elixirs require careful labeling. A few sticky jar labels of various sizes will be needed. You can use a wide variety of labels. For your stock bottles simple plain ones are fine. If you are going to be giving away or selling your products, you will want to invest in some personalize labels for your dosage bottles and spray bottles.

## SELECT ESSENTIAL OILS

The exercises call for several inexpensive select essential oils. You will need the smallest bottle sold. Specifically:

- **1 vial Rosemary**
- **1 vial Orange**
- **1 vial Eucalyptus**
- **1 vial Lemongrass**



## SMALL PRISM

- **One 20 MM glass prism**

These are used to make Crystal Color Essence. The best is a small chandelier part. Search the Internet for "20mm Clear Glass Crystal Ball Prism" or "Drop Chandelier Pendants Suncatchers."



## SIMPLE COMPASS

- **One small compass**

You will be aligning your pyramid to magnetic north. The compass will point to it.

## MODELING CLAY

- **One 2 oz package of soft modeling clay**

This comes in a wide variety of colors and quality. start with the inexpensive varieties until you get experience. this is available on the internet or in any hobby store.

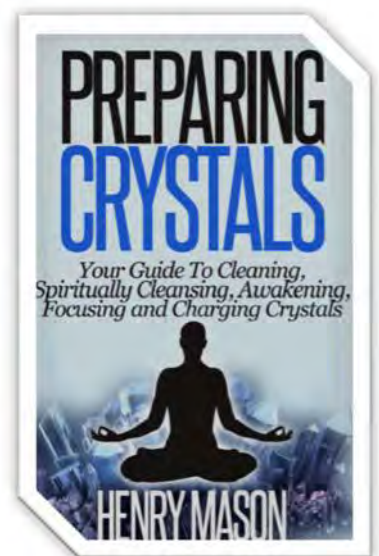
## SMALL CORD FOR NECKLACE

- **One 36- inch cord**  
Used for wearing the Zodiac Clay pendant.
- **One Tea Tin**  
A tea tin if desired. A container that will hold 12 tea bags is all that is required.
- **4 tealight candles**  
Candles if desired. We suggest candles at the four cardinal directions around your sacred work space.

**B.** Common Items used in most or all exercises:

Preparing Crystals eBook - Provided in  
Lesson 9

Crystal Alchemist Handbook - Provided in  
Lesson 9



## **Marking Pen**

This is used to label your stock essences, tincture and elixir bottles.

## **Small Scale**

You will need to weigh crystals and water in small increments up to about 1 lb. We suggest a gram scale. 1000 grams is 2.2 lbs., and virtually all your weights will be less. Such scales are easily found on the Internet and at Amazon. We recommend this one: It works and is inexpensive: [AMIR Digital Mini Scale](#).

## **Measuring Spoons and Measuring Cups**

A simple set of measuring spoons and a few measuring cups will be needed. You will use them a lot, and the glass is easy to see thru and are easy to clean. You may find them in your grocery store. You probably have plenty in your kitchen.

## **Eye Dropper**

This is used to measure stock essences, tinctures, and elixirs into dosage bottles. You may want a couple. If you have dropper bottles you will not need separate eye dropper.

## **Funnel**

A small funnel will be handy for filling dosage bottles. Glass or plastic is fine. Don't use aluminum.

## **Aromatherapy Diffuser or Pendant**

You will need to test your aromatherapy mixtures. A small diffuser works well. An aromatherapy pendant is also a good choice. There is a wide variety of these available from \$5 to much more. Find one you like.

## **Scissors and Tape**

Used for various purposes. Simple scotch tape or masking tape works fine.

## **Modeling Clay Tool Set**

You will be rolling out and making designs in the clay. You can do this with wax paper and a kitchen roller and a sharp knife. But you may find a simple tool set will be helpful. Here is one for a few dollars: [Sculpey Modeling Tools Set](#).

## **Small Table**

You do not need to buy a special table. Your kitchen table is probably just fine. We would suggest a waterproof tablecloth because sooner or later you will spill water, rubbing alcohol or an essential oil. These could damage a table top.

## **Water**

Gurudus recommends distilled water to assure there are not extra vibratory signatures from the impurity of spring water. This is a personal choice. Spring water seems to bring the Earth energy into play and often products superior essences. Buy it in gallon jugs to save money.

## **Rubbing Alcohol**

Rubbing alcohol is usually 70% Isopropyl Alcohol. It is available in supermarkets and drug stores. It is used to make Crystal Tinctures. You will need only 8 oz or less for this course.

## **Vodka**

(optional) Vodka can be used as a preservative in normal essences and elixirs. Any unflavored vodka works fine.

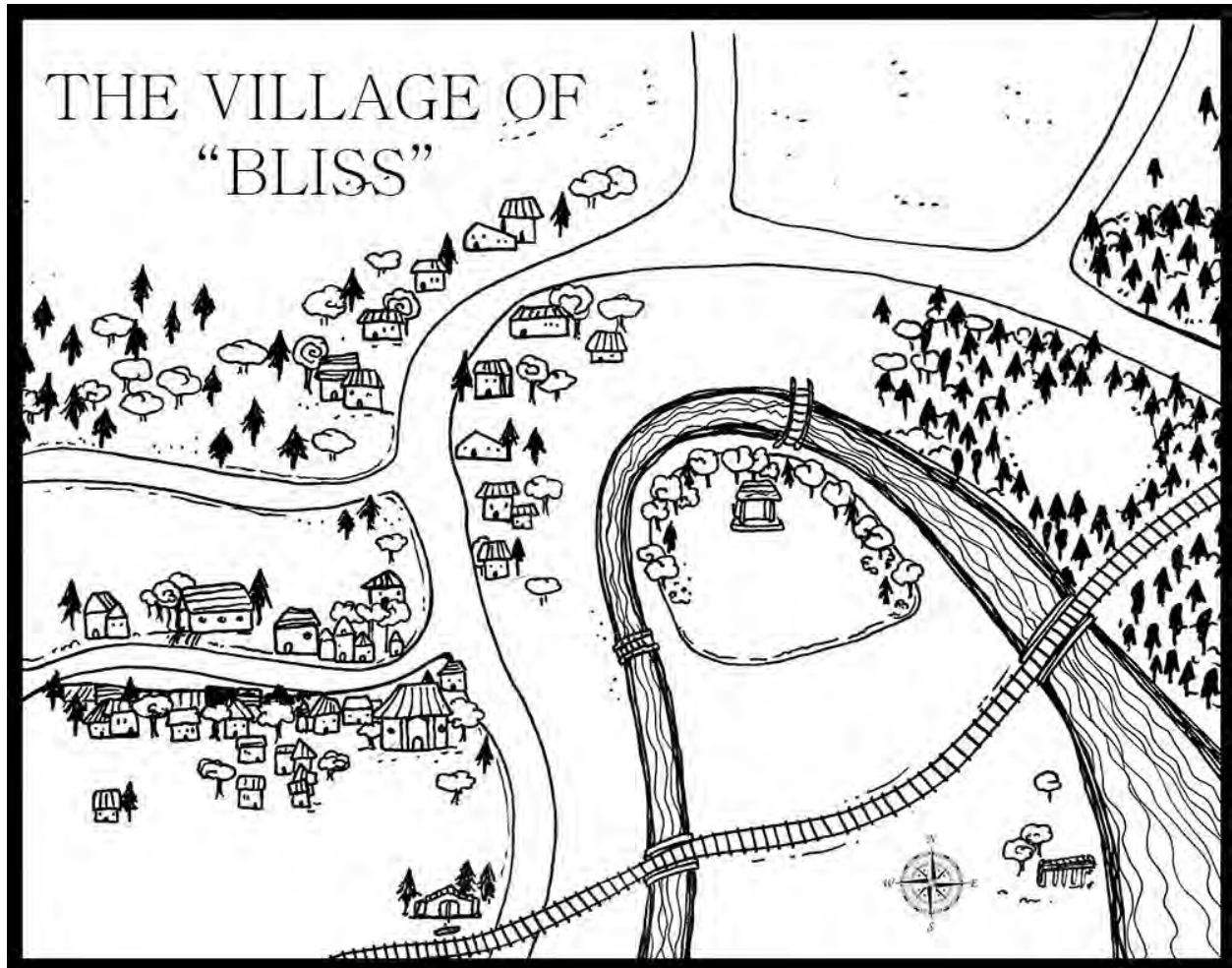
## **Apple Cider Vinegar**

Used as a preservative in Essences and some Elixirs. Available in grocery stores. You will need less than a cup for this course.

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The course projects are each designed to build your skills both in the Inner Lab and the Outer Lab. In the Inner Lab you will be building your life-village of Bliss; learning to use the things you make. In the outer lab you will learn how to progressively make more complex elixirs and other alchemist products. We build in both labs simultaneously with each exercise.

We will be “coloring in” our Life-Village in several ways in this course.



Specific items used in each exercise:

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## EXERCISE 6 - BASIC ESSENCE OF LAPIS IN LESSON 8

### Items needed:

- One small Lapis crystal about 1/2 inch or so in length.
- One small 2 oz (or so) jar with spring or distilled water
- One 2 oz stock bottle (preferably a dropper bottle, but not required)
- One 1 oz dropper bottle
- Two bottle labels
- 1 oz of Apple Cider Vinegar (optional)

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## EXERCISE 7 - COLOR ESSENCE OF LIGHT BLUE CHALCEDONY AND LAPIS IN LESSON 10

### Items needed:

- Project 1 - small blue chalcedony and small Lapis stones
- One 2 oz jar filled with spring or distilled water
- 1 prism
- One 2 oz dropper bottle (stock bottle Light blue of Forgiveness)

- One 1 oz dropper bottle (dosage bottle - Light Blue Forgiveness)
- 2 labels
- Approx. 1 oz of Apple Cider Vinegar

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## EXERCISE 8 FLUORITE “BRIGHTENER” TINCTURE IN LESSON 11

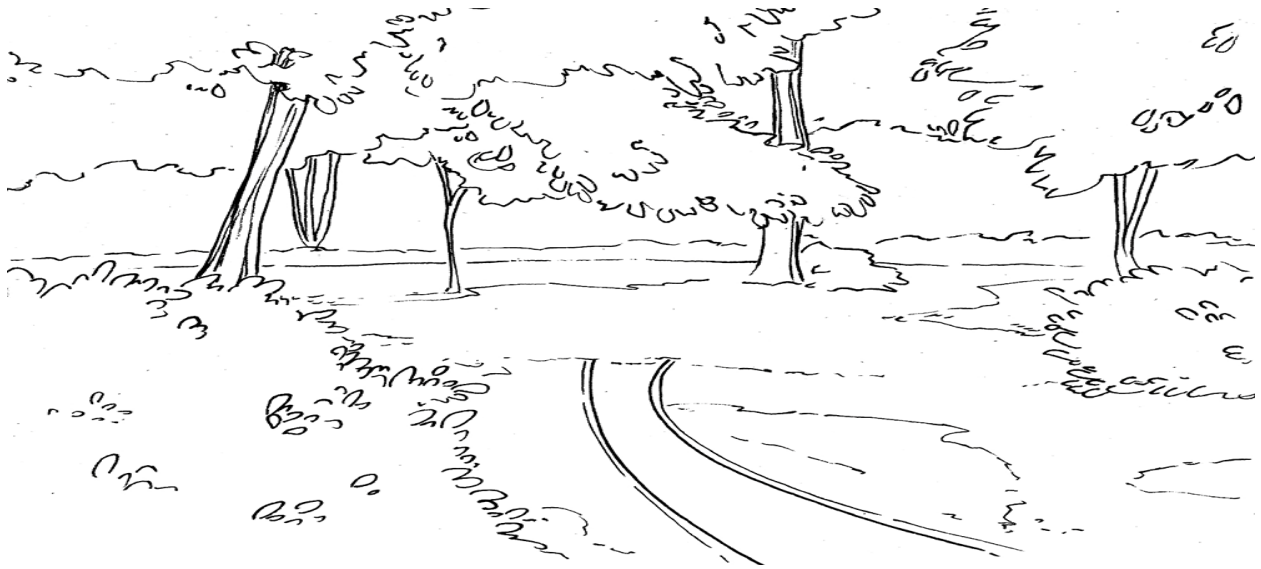
### Items needed:

- 1 small Fluorite crystal
- 1 small 2 oz jar
- 2 oz rubbing alcohol
- One 2 oz dropper bottle (stock bottle)
- 1 label



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## EXERCISE 9 THE GLEN - "FINDING PEACE" ELIXIR IN LESSON 13



### Items needed:

- 1 small blue lace agate stone
- 2 oz jar
- 1 small Chrysoprase stone
- 1 Prism
- 2 oz dropper bottle (stock bottle of Green & Blue)
- 1 small Turquoise stone
- 2 oz rubbing alcohol
- One 2 oz dropper bottle (stock bottle of Turquoise Tincture)
- One 1 oz dropper bottle (dosage bottle of "Finding Peace")
- Labels

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## EXERCISE 10 VILLAGE CHURCH “ELIXIR OF FORGIVENESS” IN LESSON 15

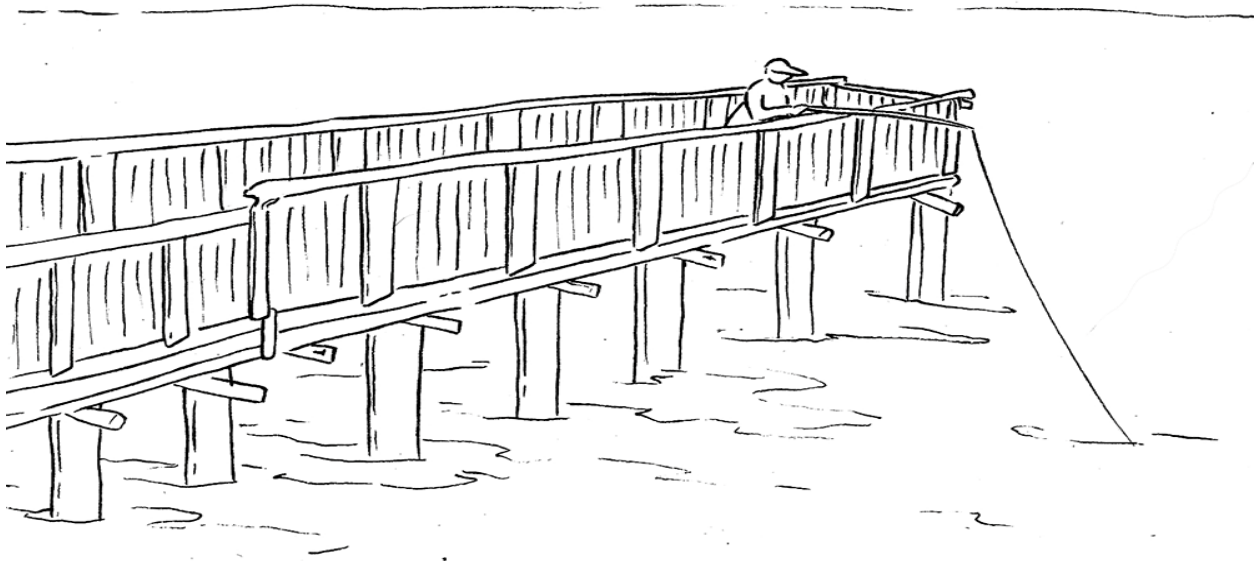


### Items Needed:

- One 2 oz jar
- 1 Blue Chalcedony
- One 2 oz dropper bottle (Blue Chalcedony stock bottle)
- 1 pyrite stone
- One 2 oz dropper bottle (stock bottle - Pyrite Tincture)
- One 1 oz dosage bottle (Elixir of Forgiveness)
- Labels

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## EXERCISE 11 THE PIER "HAPPINESS ELIXIR" IN LESSON 16



### Items needed:

- One 2 oz jar
- Sunstone
- One 2 oz dropper bottle (Sunstone Essence)
- Citrine
- One prism
- One 2 oz dropper bottle (Pale Gold color essence of happiness)
- Light Blue Color Essence already made earlier
- One 1 oz dropper dosage bottle (Happiness Elixir)
- Labels

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## EXERCISE 12: TRAIN STATION "DIRECTION IN LIFE"

### ELIXIR IN LESSON 17

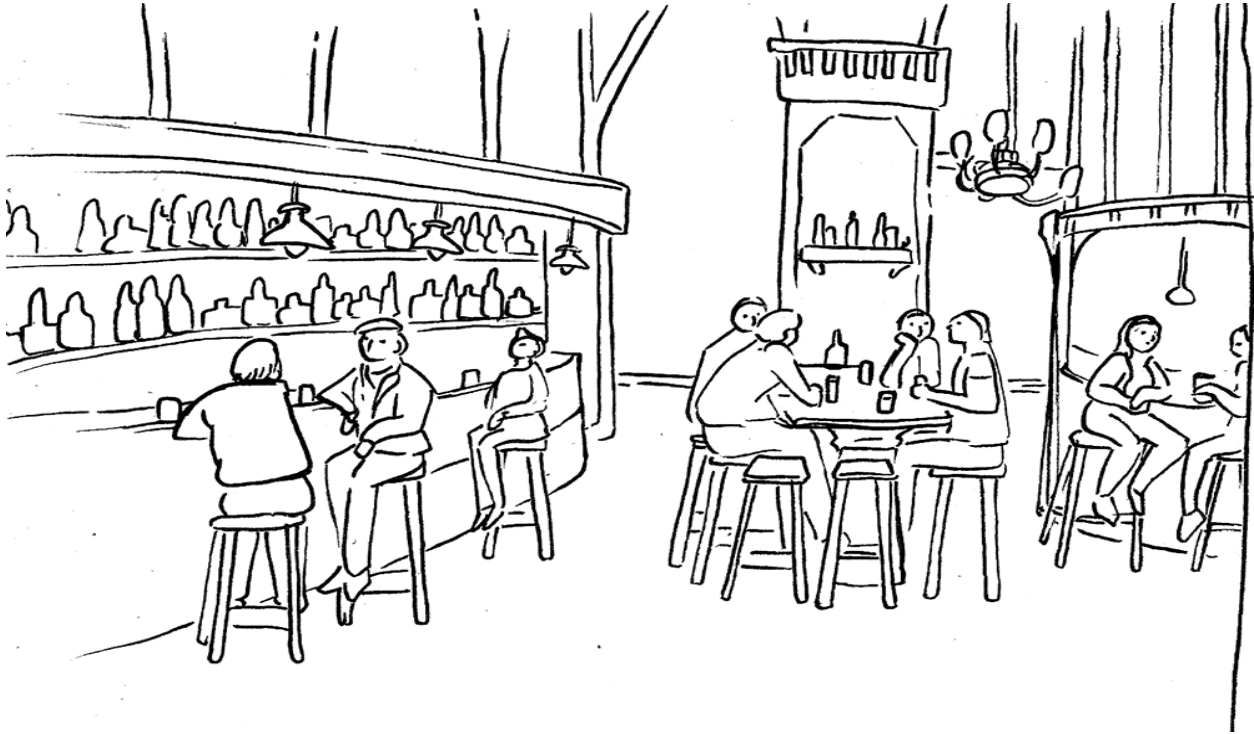


#### Items Needed:

- One Amethyst
- One Clear Quartz.
- One Garnet
- One 2 oz jar
- Three 2 oz dropper bottles
- One 1 oz dropper bottle
- Labels

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## EXERCISE 13 THE PUB - "FRIENDSHIP" AROMATHERAPY IN LESSON 19

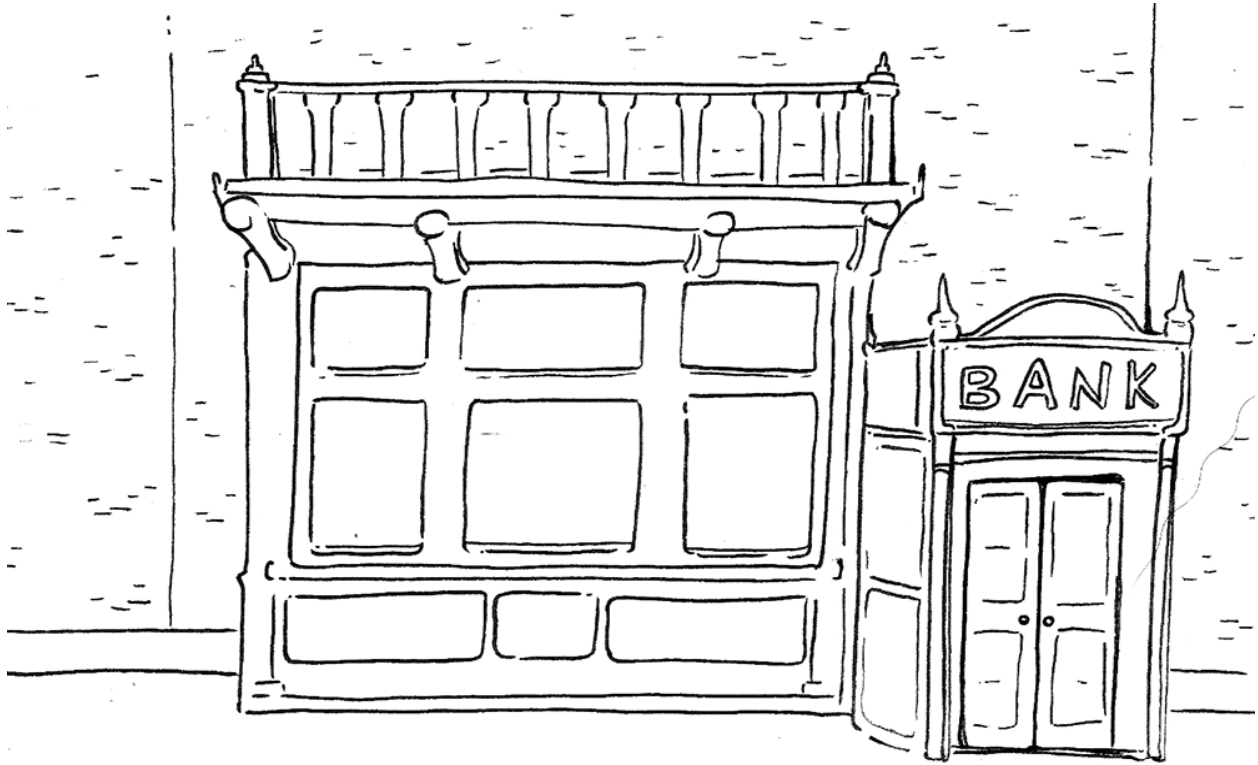


### Items Needed:

- One 2 oz jar
- 1 Lapis
- 1 Carnelian
- 1 prism
- Two 2 oz dropper bottles
- One 10ml container with Almond Oil
- Orange Essential Oil
- Rosemary Essential Oil
- Labels

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## EXERCISE 14 THE VILLAGE BANK "WEALTH" AROMATHERAPY IN LESSON 20



### Items needed:

- Green aventurine
- Emerald
- One 2 oz jar
- One 2 oz stock bottle
- Prism
- Eucalyptus and Lemongrass essential oils
- One 10 ml container with Almond Oil
- Labels

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## EXERCISE 15, CONSTABLE OFFICE, "ZODIAC LUCK" PENDANT



### Items Needed:

- 1 small dollop of clay
- 1 necklace cord

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## EXERCISE 16 THE COTTAGE "LOVE" TEA

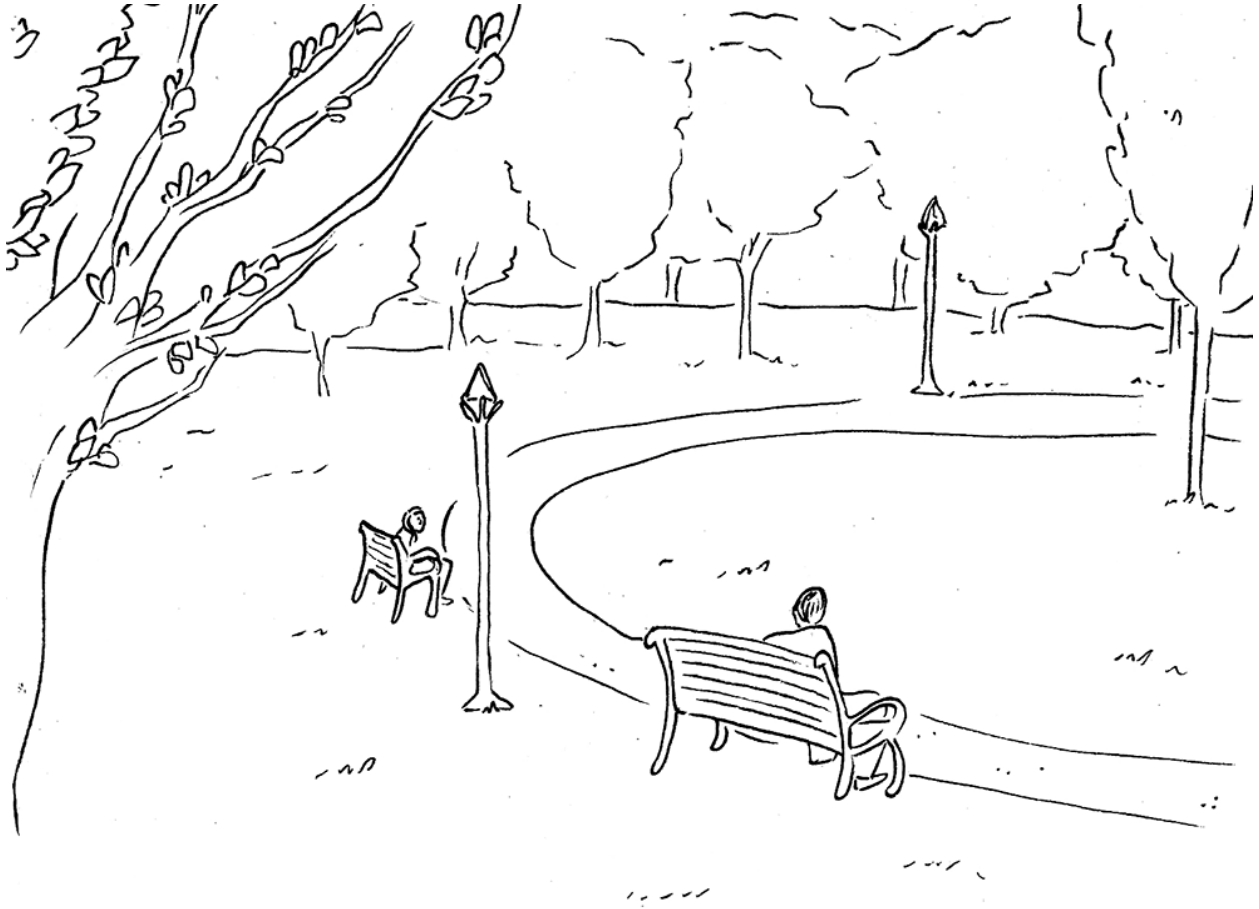


### Items Needed:

- Rose Quartz
- Carnelian
- Garnet
- Pyramid
- Label

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## EXERCISE 17 THE VILLAGE GREEN - "JOY AND FREEDOM" COLLECTION



### Items Needed:

- One 1 oz dropper bottle
- One 10 ml aromatherapy bottle
- One 2 oz room spray bottle
- Labels