
STUDY GUIDE

FOR THE CRYSTAL GUILD'S

CRYSTAL PRACTITIONER EXAM

What is a "crystal"?

Crystals are natural or man-made samples of minerals that are either transparent or, if not transparent, are varieties of minerals with an orderly crystalline structure. Crystals are non-organic, meaning they are not derived from living matter.

What is a "mineral"?

The word "mineral" refers to a non-organic (did not originate from a living organism) substances naturally occurring in nature as a solid, with a definite chemical composition and an orderly crystalline structure of molecules.

What is a "rock"?

A rock is a is an aggregate of one or more minerals (and maybe some organic compounds).

What is a "stone"?

The word "stone" is a slang word that can mean a rock or a mineral specimen that is not a crystal.



Tanzine Aura Quartz

What are the steps in buying a crystal?

The first step in selecting any crystal is to have a clear understanding of what your intended use might be. Next find the right type by doing some research. Shop around. Realize that the crystal market is unregulated and that there are many common names for the same minerals. Buy from a reputable source if you are not very sure of what you are buying. Use a focused, intuitive approach like the “golden light” to find the right crystal.

What is Spiritually Cleansing Crystals?

Spiritual cleansing is a "return to balance". For example, healing crystals may absorb significant negative energy when used to rebalance someone's energy. This will result in the crystal becoming out of balance after use.

How are Crystals Spiritually Cleansed?

According to Empedocles, a Greek philosopher, scientist, and healer who lived in Sicily in the fifth century B.C., all matter is comprised of four elements: Air, Earth, Fire, and Water. Each of the four ancient elements can be used effectively to spiritually cleanse and rebalance your crystals.



Sage

How do you use water to best cleanse a crystal of negative energy?

Water energy resembles emotions, the consistent flow of feelings. It is the most popular method of cleaning crystals.

When using water energy to spiritually cleanse a crystal you have a few choices among the sources. Clear running streams are excellent sources of positive energy that are very effective in cleansing a crystal of excessive negative energy. Use clean, moving water.

What is meditation?

Meditation is an ancient practice that offers tremendous benefits to the practitioner. Meditation does not require any specific beliefs or any metaphysical or spiritual ideas. You do not need any special talent. You only need yourself, your mind, and a few minutes in which you can be undisturbed. It is a worldwide practice that can be mastered by anyone desiring to do so. No special equipment is needed and there are no special postures you need to learn.

Why do people meditate?

- ◆ For relaxation.
- ◆ For creative visualization.
- ◆ Contacting your higher self.
- ◆ Self-Healing
- ◆ Opening Energy Centers.
- ◆ Grounding.
- ◆ Connecting with Angels and Spirit Guides.



How does Crystal Healing work?

We do not pretend to understand how crystal healing works. But we do know that its efficacy seems to stem from:

- A belief in the Universal Life Force,
- A belief in the power of the human mind, and
- A belief in the power of crystals to combine, focus, and amplify the power and energy of the Universal Life Force and the human mind to affect healing of the human body and spirit.

Does crystal healing work for everyone?

No. Does aspirin work for everyone? No. Can crystals cure cancer? No. Can aspirin cure cancer? No. Does that mean crystal healing doesn't work? No. Does that mean aspirin doesn't work? No. What it all means is that crystal healing, just like aspirin and every other healing regimen, is effective for certain ailments and issues; and works for some people for some issues and not others.

What role does “Belief” play in crystal healing and healing in general?

Think about this one sentence: "If you think you feel better, you do". There is much truth in that sentence. Crystal healing works, like many other established medical regimens through the human mind. What you believe affects your response to almost everything in life and certainly affects the results of any healing regimen. Science has demonstrated this over and over - belief is the most powerful force on Earth. You, in many ways, decide if you will be healthy and happy or not. Your beliefs can work miracles or keep them from occurring.

How is color used in crystal healing?

The use of color is a fundamental element of crystal healing. Choose crystals by their color energy.

Turquoise: Turquoise is the Color Ray of Discovery and the Color Ray of Balance. Its vibrations help you find yourself and return to equilibrium in your life and feelings.

Green: Like their counterparts in the plant kingdom, the green gems and minerals are the “growth crystals.” They are powerful conduits of the earth's Life Force of birth, development, and creation, and of the power of nature's constant renewal. Crystals of pure green are potent aids in nurturing, whether of fledgling family relationships or new business ventures.

Olive: Olive is a mix of the vibrant green rays of growth combined with the yellow of pure sunshine. Primarily these are crystals that help with learning issues and adaptation to difficult environments. Olive colored crystals help focus and enhance our early efforts to seek wisdom, lighting our path to understanding. Olive is the color ray of receptiveness to new meanings and ideas. Olive colored crystals are excellent to help you in the beginning of a search for knowledge and enlightenment.

Yellow: Yellow color rays brings us the power of enlightenment, lighting up the landscape of our search for knowledge. It is the color of the summer solstice ushering in the bright time of long days, warm temperatures, and sustained vigor. Yellow crystals give you the power to solidify new interests and new relationships. It is a color of clarity, zest, and optimism.

Gold: The vibrant mix of the enlightenment of pure yellow and the joyfulness of orange produces the king of colors: gold. Gold is the color of adventure, success, and power. Gold is the color of the earth fully alive in midsummer. It is the ray of rarity, bespeaking richness and natural value. It enriches the spirit, warms us like yellow, and cheers us like orange.

Orange Orange is a happy, outgoing, and sharing color. It brings things and people together. It integrates the parts of our communal lives. It is then the color of the "home stone", the "village stone", and the "community stone". the orange crystals have the powers to combine, integrate, and unite. Orange is the color of physical pleasure. Use orange crystals and stones for celebration, enjoyment, fulfillment, joy, merriment, and pleasure.

Scarlet: Scarlet combines the energy of the pure red ray and the exuberance and joy of the orange in a precious gift of nature. Scarlet is the color of strength and vitality, both physical and spiritual. Use scarlet crystals when you need protection from physical harm.

Use scarlet-colored crystals in efforts to overcome fear and improve self-reliance. They are the crystals of victory, success, and skill.

Red: Red is the color of passion, energy, and life. It motivates. It is a very strong color—the color of fire and blood. It is emotionally intense and affects humans by raising their blood pressure and speeding up their metabolism. Red crystals are used when the situation needs passion: active, involved, energetic action. Red empowers, uplifts, and engulfs. It cures apathy. It gets things done. Red is action and drive.

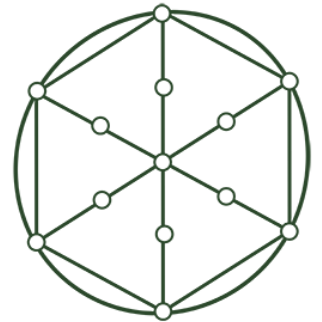
What are the parts of Crystal Grid?

The Path

The Path is the energy conduit that aligns, transmits, and guides the energy flow to achieve our desires. The Path is the map of energy flow within the grid.

The Grid Design

Grid designs are selected to provide an energy path that is consistent with the objectives of the grid. Usually, a grid design is based on Sacred Geometry, the blueprint of the Universe.



Grid Visuals

Our crystal grids can be enriched by both design and color patterns. A background scene of robust health and vigorous activities we enjoy when we achieve good health can enhance a grid designed to improve our health. A grid for increased wealth can be enhanced with a background of the money or the things we desire. The background can give form to our desire.

The Grid Crystal Elements

There are five normal grid crystal elements: the Focus Stone, the Way Stones, the Spirit Stones, the Desire Stones, and the Perimeter.

The Focus Stone

The Focus Stone is the crystal that is located in the center of a crystal grid or at its selected focus of power.

The Way Stones

The Way Stones then further modify the energy. Their work is similar to a pump in a water system.

The Spirit Stones

Spirit stones are the ring or pattern of stones that are added to a grid to seek the intercession of a spirit being such as a particular Angel, God, Goddess, or other inhabitants of the spirit plane to assist with the intention of the grid.

The Desire Stones

Desire Stones are the outermost stones on a crystal grid. They represent the end state that the grid is constructed to produce.

The Perimeter

Perimeters are a grouping of stones or crystals that serve to protect the grid from outside negative influences or ill will.

The Activation Wand

The key ingredients are a rod of some sort, and a crystal at one end. The wand is used to move the crystal through motions that activate the crystal grid. It is guided by your mind and your intentions and connects them to the energy flow of the grid.

What are some designs for Grids?

- The Circle
- The Vesica Pisces
- Tripod of Life
- The Triangle
- The Seed of Life
- The Square



How are Crystals used with Goddesses?

Goddess worship has had a revival since the mid to late 1970s as a growing form of spirituality. The popularity has stemmed from the diminished influences of Christianity in many societies.

Depending on your particular beliefs, a goddess can be either a divine being or a metaphor for a place, natural phenomenon, or human emotion. But whatever your belief, you will find bringing their unique spirits to your life with crystals can be very rewarding.

And for the many of you that do not believe in goddesses as divine beings, we offer that the named goddesses are personifications and metaphors for Mother Nature's attributes and elements that makes it easier for us to deal with them.

What is Feng Shui?

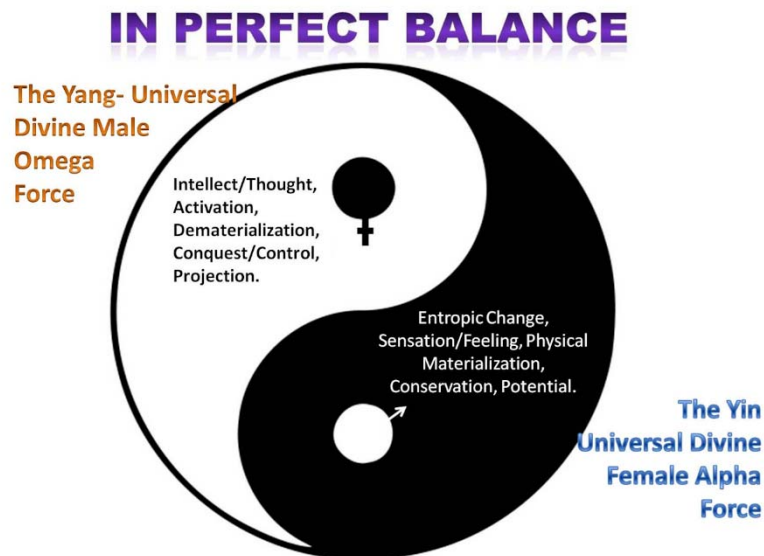
Feng Shui means Wind and Water - a reference to the Yin and Yang elements of the Universal Life Force - also called Qi, Chi, Prana, Ruach, Barakain, and a host of other names. This force was described by Colleen Deatsman in her book Energy for Life, as "the formless pervasive, casual undercurrent of all that is...the divine intelligence, the engine of creation, the cosmic grid upon which and from which the Universe springs."

This force meanders slowly when it is healthy and life bringing (positive energy). It drifts and wanders, flowing easily and bringing the breath of life.

This force becomes unhealthy (negative energy) when it is either blocked and becomes stagnant or is forced into hard fast lanes when it becomes destructive.

The practice of Feng Shui is the practice of arranging an environment that keeps the Life Force energy flowing and balanced so that we can live and thrive.

What is Yin and Yang?



Yin and Yang are the two dynamics of the Universal Life Force, inseparable, interacting, and opposites. Neither is complete without the other. Each is a part of the other. Each depends for its existence on the other

Yin energy is receptive, intuitive, reflective, passive, accepting, and provides the quiet strength of spirit. Yang is life energy - active, hot, dynamic, and spirited. It provides the strength of physical power.

What is the Bagua?

Some schools of Feng Shui use a design or tool called the "bagua." The bagua or pa kua is an octagon symbol that contains the eight trigrams that are the universal symbols through which life and the life force can be understood. The Bagua shows which parts of a space, such as a home or a room need which kind of energy and which parts of a space are associated with which primary knowing which sections need which energies.

How are crystal used with Angels?

Each of the archangels radiates a particular aura color, related to the specific purpose of that angel. You can use certain crystals to invoke and develop a closer relationship with each archangel. The crystals can be worn, held, or placed nearby to elicit this effect.” Angelic healing and help is best accomplished by establishing a trusting relationship with an angel through a combination of love and light.

Are crystals used with Herbs?

Yes.

Man’s use of medicinal plants seems to go back over 13,000 years. Man’s use of crystals for healing and magical uses dates back at least to the times of the ancient Sumerians, around 6,000 years ago. Throughout history, medicine men, shamans, priests, priestesses, healers, and others that ministered to the ill and ailments of people used both herbs and crystals in their healing regimens.



What are the phases of the moon and what are they used for in crystal healing?

The New Moon is a time for crystal healing focused on rejuvenation and renewal.

The Crescent Moon is the time of new energies growing like the springtime for new plants.

The First Quarter Moon is the “dawn” time of crystal healing. Here spiritual healing energies of determination and strength are starting to have effects.

The Waxing Gibbous Moon is the time of greatest growth and expectation.

The Full Moon is the time of the height of the Moon's influence on the emotional and spiritual bodies.

The Waning Gibbous Moon is another opportunity to seize the energy of change. However, this is an energy of decreases, not increases.

The Last Quarter Moon is a time for balance, introspection, calmness, and understanding. This is when healing of the lower chakras is most effective.

The Waning Crescent is really a time of rest and recuperation not for active healing activities.

What are the Mansions of the Moon?

The Mansions of the moon are the 28 divisions of the Zodiac through which the moon travels each month. Each has a name and specific energy for crystal healing. So, the timing of healing energies needs constant monitoring and careful attention.

Which are the best Mansions for Crystal Healing?

Mansions 10, 22, and 26 are the most auspicious for crystal healing.



What is Scrying?

Scrying, also called crystal gazing, crystal seeing, seeing, or peeping. It is a magic practice that involves seeing things supernaturally in a medium, usually for purposes of divination or fortune-telling. The media used are most commonly reflective, translucent, or luminescent substances such as crystals, stones, glass, mirrors, water, fire, or smoke.

How does a pendulum work?

Quite simply, a pendulum reacts to your subconscious mind. When held properly, the pendulum will react to very small nerve reactions in your fingers that are generated by your unconscious mind in response to a question poised. Different nerve reactions will be detected depending on what your subconscious mind knows.